



DSFHS

Dominican Sisters
Family Health Service, Inc.



Annual Report **2014**

Our Mission

Dominican Sisters Family Health Service, a non-profit home health agency, provides compassionate, comprehensive and family focused home care to persons in need; including the poor, marginalized and the elderly. As a community based, certified agency, special emphasis is given to the health and social needs of the community and its members. Our programs and services promote health, independence and quality of life.

SPONSORS

Sr. Michaela Connolly, OP representing Dominican Sisters of Blauvelt
Sr. Lorelle E. Elcock, OP representing Dominican Sisters of Hope
Sr. Irene Ellis, OP representing Dominican Sisters of Sparkill
Sr. Margaret McManus, OSF representing Franciscan Sisters of Allegany

Dear Friends,

As we reflect on the past year, Dominican Sisters Family Health Service (DSFHS) is proud that we were able to respond proactively to ongoing changes in the healthcare industry. While the external healthcare environment remains a challenging one, DSFHS is developing programs and building partnerships that continue to position us as an industry leader.

Recognized as New York's premier Catholic based visiting nurse service, we are deeply committed to providing each patient and client with the very best in healthcare services. In this time of change, our commitment to excellence is unwavering as we work to achieve better health outcomes at lower costs. In the face of doing more with less, we have seen our staff come together and show resilience, determination and a shared sense of purpose, working effectively for the benefit of those we serve.

DSFHS is steadfast in our dedication to the health of all our community members. In the coming year, we will continue our leadership role in Cardinal Health Partners IPA and through innovative programs like our Palliative Care Program and strategic partnerships with Westchester Medical Center, Bronx Lebanon Hospital and Stonybrook University Medical Center.

As we move forward, we would like to thank all of our donors, friends and partners and our talented and dedicated staff, board and volunteers for their tireless work and support. It is because of you that DSFHS continues to be ranked in Home Care Elite's top 25% of home health agencies nationwide for the ninth consecutive year.

Looking ahead to the future, the expansion of our mission, programs and partnerships will give more patients better access to high-level care. With an approach that's holistic and compassionate, Dominican Sisters Family Health Service will continue to lead, giving our clients the care they need and the peace of mind they deserve.

Sincerely,



Mary J. Zagajeski

Mary J. Zagajeski
President/CEO



William T. Smith

William T. Smith
Board Chair

“My sister has a long way to go in her recovery from surgery, but we feel assured that with the continued assistance of the DSFHS team of nurse Lisa, social worker Tina, speech therapist Anton and physical therapist Maria, her health will continue to improve. It is apparent that her well-being is their first priority. Thank you to all.”

- MARIA C. AND FAMILY



Accreditation & Memberships

The Dominican Sisters Family Health Service is an important part of the community's health care system and is proud to be a member agency of the following:

Healthcare Association of New York State

Home Care Association of New York State

Joint Commission Accredited

Catholic Charities Alliance

LeadingAge New York

Westchester County Association

DSFHS, Inc. is accredited by the Joint Commission on Accreditation of Health Care Organizations. An important part of the community's health care system, Dominican Sisters Family Health Service Inc. is licensed by the New York State Department of Health and certified to provide care under the Medicare and Medicaid programs.

DSFHS STANDS APART

More than a 120-year history of healing ministry; affiliate agency of Catholic Charities of the Archdiocese of New York.

Named a HomeCare Elite Top Agency for nine consecutive years—from 2006-2014.

Interdisciplinary team approach—health care, social services and spiritual professionals work together to deliver the highest level of care to support a healthy body, mind and spirit.

Accredited, certified home health care professionals, services and support with bilingual services available.

Highly regarded partner with top hospitals and service organizations in the communities we serve.

Innovator of community based charitable programs that provide health, education and social services to the sick and elderly in underserved areas.



Home Health Care Services

DSFHS is a certified, Joint Commission-accredited agency focused on helping people in all stages of life get access to highly skilled nursing care. We enable patients to receive the benefits of at-home recuperation and recovery by providing comprehensive medical services.

All nursing care provided in the home is done by DSFHS Registered Nurses (RN) and Licensed Practical Nurses (LPN), and is often paired with other supportive services and therapies, as determined by a patient's physician or surgeon.

PERSONALIZED SERVICES

Skilled Nursing

Rehabilitative Therapies

Social Work

Pastoral Care

Home Health Aides

SPECIALTY PROGRAMS

Rehabilitative Services

Care Transitions Program

Skin, Wound and Ostomy Care

Pediatric Services

Maternal/Child Services

CASE MANAGEMENT

DSFHS offers Adult and Pediatric Care Management services designed to:

Assess, plan and facilitate care coordination services.

Identify appropriate providers and facilities throughout the continuum of care, ensuring that available resources are being used in a timely and cost-efficient manner.

Meet the needs of the patient and caregiver.

PALLIATIVE CARE PROGRAM

DSFHS is pleased to announce the recent rollout of our new Palliative Care Program designed to:

Improve the quality of life for patients and families through the management of symptoms, pain in its various dimensions, and stress of a serious illness.

Help children and their families live to their fullest, allowing the child to develop and grow in the face of serious illness. To provide support and symptom management using age appropriate tools, and to encourage sibling/peer and community interactions.

Offer an interdisciplinary team focus that encompasses care of mind, body, and spirit through education, counseling, and spiritual support for patients and families.

Provide support and education for patients, families, and communities, in accessing palliative care resources across health care settings.

Collaborate and partner with health care and community-based organizations in the delivery of our Palliative Care Program.



“Even on days when I was a difficult patient, my wonderful physical therapist, Jean, encouraged me to continue. Because of her skills and caring, I went from no ability to walk without a walker to walking without assistance. She is an outstanding and dedicated professional.”

- ROBERT R.



“I had occasion to use your visiting nurse service last year and was so pleased. Mary Ann and the other nurse were so wonderful.”

- THERESA

Charitable Programs

Dominican Sisters Family Health Service spearheads a diverse range of life-changing charitable programs, rooted in Catholic traditions, which support children, seniors and families in underserved communities.

HEALTH HOME PROGRAM

A Medicaid reimbursable program that offers comprehensive care allowing all of a patient’s caregivers to communicate with one another so that all of his/her needs are addressed. Services include medical care coordination for individuals who have chronic illnesses. Currently, these services are offered in coordination with Bronx-Lebanon Hospital.

INFANT/TODDLER/PARENTS PROGRAM (ITPP)

A community based charitable program, ITPP provides early childhood education, assessment and interventions for children from birth to 3 years of age, along with family support services for parents. This program is center-based as well as home-based.

Ryan White Part D Funding: Offers medical and supportive services to HIV positive women, children, infants, youth, and their affected family members.

HIV & HEPATITIS C COUNSELING & TESTING

Our Rapid Counseling and Testing programs are provided on site, in our South Bronx location and at local community-based organizations.

LINKAGE TO LIFE PROGRAM

This program works intensely with families at risk for child abuse and neglect to prevent placement outside of the home and is funded through the New York City Administration for Children’s Services (ACS). Services include general case management and parenting workshops.

COMMUNITY WALK-IN CENTER FOR HEALTH & WELLNESS

Provides a wide range of social services and workshops, helping clients with health assessments and HIV Counseling and Testing, government assistance, and a wide range of services and referrals with partner agencies in the South Bronx community.

HELPING HANDS PROGRAM

Designed to meet the needs of the elderly or disabled of any age living in the townships of Riverhead and Southampton, this program provides non-medical services by homeworkers, including: light housekeeping, laundry, shopping, and friendly visiting to enable residents to live independently in their own homes. A cost share for this program’s services is based on a sliding income scale. There is no charge for those who meet the charitable eligibility criteria.

EXPANDED IN-HOME SERVICES PROGRAM FOR THE ELDERLY

Funded by the Suffolk County Office for Aging, this program is administered by DSFHS to provide non-medical support services for residents of Southampton who are 60 years of age or older.

COMMUNITY OUTREACH

Street Fair in the Bronx with ArchCare (DSFHS)—In June 2015, DSFHS participated in Archcare’s Health Fair at Christ the King Church in the Bronx. DSFHS community outreach workers provided preventative and educational services to the community participants during the health fair. Services offered included Hepatitis C (HCV) Rapid Testing, which allowed individuals to receive the HCV Rapid tests in less than 20 minutes to learn their HCV status and receive educational preventative and treatment resources.

“Many, many thanks for the wonderful care you gave my husband during his recovery. He is doing wonderfully.”

- JOAN



“I feel pleased to have been assisted by such genuinely good people.”

- M.O.

2014 HOPE GALA

Held in October at The Ritz-Carlton, Westchester in White Plains, this year's Hope Gala was our most successful ever, drawing nearly 200 guests! With dinner, dancing, a silent auction and special prizes, the Hope Gala featured entertainment by New York Yankee great and Grammy-nominated Bernie Williams and his All Star Band, and this year, guests also enjoyed a special guest appearance by Grammy-nominated guitarist Gil Parrish. Mike Bennett of WHUD FM once again provided witty and wonderful commentary as the evening's emcee. Awards were presented to the following outstanding DSFHS supporters: the 2014 Cimino Community Service Award, presented to Jim and Fran Dowling; and the 2014 Mother Mary Walsh Awards, presented to Dr. Thomas Larsen, Tara Meenan Larsen and Ralph Martinelli.

NEW LOGO AND WEBSITE RELAUNCH

DSFHS unveiled our new logo and relaunched our website in July 2015. Our new site features a fresh, modern look with engaging graphics and a streamlined design that is both eye-catching and user-friendly. Our new site is also optimized for mobile viewing and features a translation option to appeal to a broad audience of clients. Visit us at www.DSFHS.org.

THE NEW YORK TIMES

DSFHS is consistently featured in the Times' The Neediest Cases column for the support and care we give to help people in need in the region. DSFHS was recently spotlighted in "A Family on the Path Toward Greater Self-Sufficiency" (1/6/15) and "Helping a World War II Veteran Live Independently" (1/21/13).

HIGH TEA & THRIFT FASHION

Our 3rd annual High Tea took place on Sunday, March 8th at the American Hotel in Sag Harbor, New York. Guests enjoyed a beautiful afternoon featuring tea, sparkling wine, and delicious tea sandwiches, scones and pastries, donated by Caterer Carol O'Shaughnessy. The event was followed by a fabulous fashion show featuring our best apparel from our thrift stores and our own magnificent models.

WINES AROUND THE WORLD FUNDRAISER

Our 7th annual event was held in April at Sleepy Hollow Country Club in Briarcliff Manor and featured wine tastings by Pernod Ricard USA and a gourmet buffet for over 130 guests. This annual fundraiser helps support agency-wide charitable programs that serve people in need in underserved communities.

"I am taking time out of my busy schedule to bring to your attention the exceptional care that Stephanie showed my father, age 92. He can sometimes be very stubborn, but Stephanie knew just what to do to get him to cooperate..."

- LESLIE S.

Thank You to Our Generous Sponsors

2014 HOPE GALA

- Entertainment Underwriter**
Opus Foundation
- Gold Sponsor**
Altium Wealth Management
Catholic Charities of the Archdiocese of NY
CompuFit
- Silver Sponsor**
Phelps Memorial Hospital Center
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Agewell
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Meyer
Michael Labriola Inc.
Nixon Peabody
Northern Westchester Hospital
Pioneer Home Care
Rakow Realty
Simone Development
Westchester Medical Center

2015 WINES AROUND THE WORLD EVENT

- Agewell
Byram Healthcare
Cabrini Eldercare
Catholic Charities of the Archdiocese of NY
Cicero Consulting
Community Mutual Savings Bank
CompuFit
Dr. & Mrs. William T. Smith
Family Home Health Care
Mariandale Retreat and Conference Center
Mr. & Mrs. Michael Sullivan
Mr. & Mrs. Christopher Zagajeski
Nixon Peabody
Phelps Memorial Hospital Center
Quality in Real Time

2015 HIGH TEA & THRIFT FASHION SHOW

- Corporate Sponsors**
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2015 BAITING HOLLOW COUNTRY CLUB GOLF OUTING

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Southampton Hospital
- Dinner Sponsor**
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- Lunch Sponsors**
Bridgehampton National Bank
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- Friend Sponsors**
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Southampton Elks Lodge #1574

"Please accept our donation to Dominican Sisters Family Health Service for the wonderful help provided to my husband at home by Nurse Mary and Therapist Patty. The care that was given to him by these ladies was outstanding – and very much appreciated."

- MR. AND MRS. W.

2014 Statistics

PATIENTS SERVED

Unduplicated Patients	11,586	(+22.6% from 2013)
DSFHS Admissions	11,597	(+18.1% from 2013)

VISITS BY DISCIPLINE IN 2014

Nursing	91,876
Home Health Aide	64,546
Physical Therapy	57,635
Occupational Therapy	5,320
Medical Social Services	6,685
Speech Therapy	4,945
Other	4,124

Total Visits	235,131
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TOP TEN DIAGNOSIS TREATED IN 2014

1. Orthopedic Disorders
2. Congestive Heart Failure
3. Circulatory Disorders
4. Post Surgical Muscular/Skeletal Care
5. Abnormality Of Gait
6. Pneumonia
7. Cancer Care
8. Atrial Fibrillation
9. Hypertension
10. Diabetes/Wound Care

489

EMPLOYEES

11,586

PATIENTS SERVED

235,131

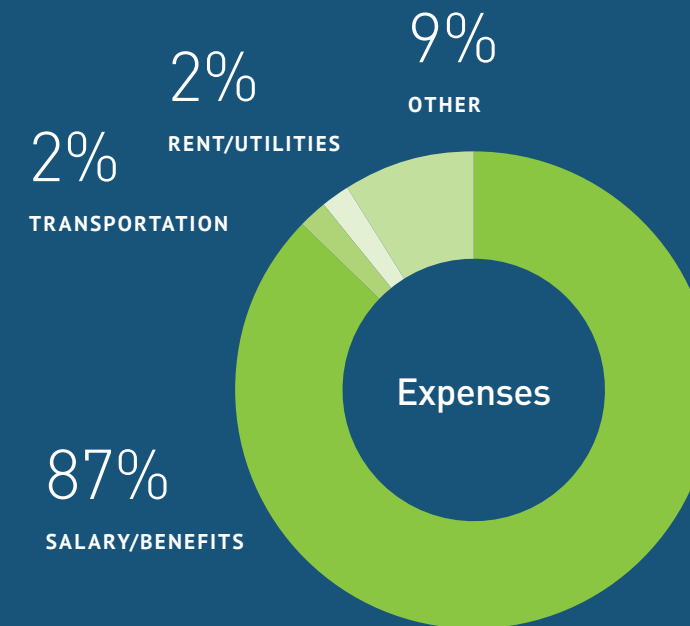
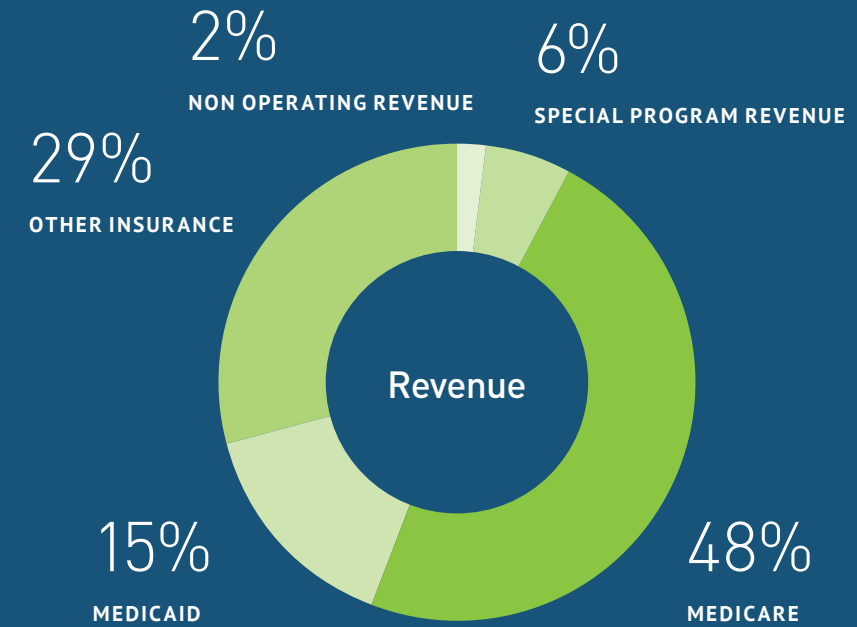
PATIENT VISITS

518,211

HOURS OF SERVICE

Patients by Age, Group and Gender

Age	CHHA			LTHHCP			TOTALS		
	Male	Female	Total	Male	Female	Total	Male	Female	Total
Under 21	319	311	630	75	63	138	394	374	768
21 - 64	1,380	1,940	3,320	12	24	36	1,392	1,964	3,356
65 and over	2,943	4,352	7,295	34	133	167	2,977	4,485	7,462
Totals	4,642	6,603	11,245	121	220	341	4,763	6,823	11,586



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DSFHS

Dominican Sisters Family Health Service, Inc.
More than Care, Peace of Mind

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FAMILY HOME HEALTH CARE, INC.

Our licensed affiliate agency provides professional & paraprofessional private duty care.

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