

# CALLING ALL HEALTHY COOKS!

## Come Join Our Table



**Love the heat of competition? Can't get enough of the kitchen? You might be just who we're looking for.**

*Cooking Light* is launching a casting call to find the healthiest, most innovative cooks—self-taught or professionally trained—to compete in the ultimate culinary showdown to claim the title of Healthy Chef of the Year.

Visit [CookingLight.com/castingcall](http://CookingLight.com/castingcall) to submit a 3 minute prep-to-plate video of a healthy, original recipe, and for official contest rules and instructions.

Four finalists will join us for a live cook-off judged on the presentation, originality, and taste appeal of their healthy recipes. All finalists and their recipes will be featured in *Cooking Light*. One grand prize winner will receive a prize package and may become a regular contributor to *Cooking Light* and [CookingLight.com](http://CookingLight.com) in 2011.

**So go on and get cooking. And you may just find yourself in *Cooking Light*!**

# CookingLight