



SELF WORKOUT IN THE PARK

ENERGIZE YOUR LIFE AT WORKOUT IN THE PARK!
Here's your chance to grab your friends, scoop up tickets and get inspired to join thousands of women coast to coast for a day of body-blasting fitness, must-see fashion, yummy food, soothing spa, surprise celeb guests, fun freebies and more. Grab your tickets and your friends and get moving!

MAY 5 | SAN FRANCISCO

MAY 12 | NEW YORK

JUNE 2 | CHICAGO

**TICKETS ON SALE (AND ALL THE DETAILS)
AT SELFWorkoutinthePark.com**

MAKE WORKOUT IN THE PARK YOUR BEST DAY EVER!

Workouts provided by:

