



Do What YOU LOVE, Love What YOU DO

#1 New Year's Resolution-Accomplished!

As SELF's new Midwest Manager, I'm thrilled to be professionally connected to a brand that means so much to me personally.

As a devoted foodie, passionate home entertainer and avid fitness enthusiast, SELF is my own go-to resource as I curate my life to be my best self.

Now I get to share my passion for SELF with all of you and help connect your brands with our 12 million readers and online users.

I bring a wealth of experience in print and digital to help you capitalize on SELF's diverse platforms with smart and strategic integration.

In doing what love and loving what I do, I can't wait to put my energy and creativity to work for you!

Cheers,
Jennifer Wegmann
Midwest Manager

SELF
i curate
my life